

Chamonix Shorttrack 2001

Bulletin nr 1: Saturday 29 July 2001

Shorttrack-skaters from all over the world; welcome in Chamonix for the 2001 Shorttrack-summercamp and international competition for the Trophy Quaglia organised by the Club the Sport the Chamonix. This is the first information-bulletin you will get. The information-bulletins will be published daily on the information-board in the entrance-hall of the ENSA, on the wall in the Icerink and on the wall of the Walibi-restaurant. Also copies will be handed out at the Camping Les Rosieres.

Competitors

At this moment 124 shorttrack-skaters from Russia, Japan, Great Britain, Netherlands, Belgium, Italy, Switzerland and France have entered for the trainingcamp and/or the competition. Last year about 80 skaters competed so this is 50% more athletes then last year.

The wheater-forecast

This year arrangements has been made by Yves Deleglise, the President of the organising committee, that we will have good wheater-conditions this week and no rain like last year.

Walibi-restaurant

The Walibi's is the central place where all the skaters and official come together for relaxation at the end of the day, have some drinks and can discuss the program of the next day. The daily information-bulletins will be published at the wall near the snookertables. During the week the welcome-reception will take place here and also the award-presentations for the several sportive activities.

Mountainbikes

Skaters can rent mountainbikes at a discount-price. Please inform the organising committee on sunday if you are interested for this.

Running competition Plan-Praz

On Monday the uphill running competition to Plan-Praz will take place. All skaters and supporters and/or family can enter for this competition. There is no entrance-fee. For the best juniors and seniors awards will be given. Award-presentation will be on Thursday-evening in the Walibi's. Competitors will get at the start a race-number. After the competition runners can return downhill by cable-car without payment on showing the race-number. At the downhill station of the cable-car the racenumbers must be returned to the representative of the organisation. We need some volunteers for the waterstations. If you want to help please inform Yves Deleglise or Piet Broekhuizen.

Time-schedule: 13.45 volunteers for waterstations will be brought uphill by car
 14.00 all competitors assemble at parking of Cable-car Plan-Praz
 14.20 start of competition
 15.45 end of competition

Mountainbike-competition

The mountainbike-competition will take place on Thursday. Information will follow later.

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Ice-schedule

The training-schedule for on the ice for the Sunday and Monday is as follows. For the rest of the week it will be published on Monday.

Training-schedule Sunday 30-07-2001

07.30-09.00	Switzerland / Netherlands Men faster then 48 sec ladies faster then 49 sec.
09.10-10.20	Japan
10.30-11.55	Netherlands / YDS (BEL)
18.05-19.15	Chamonix / Peakteam / Reims
19.25-20.40	Pôle Francilien / Italy
20.50-22.00	CGALE

Training-schedule Monday 31-07-2000

07.30-08.50	Pôle Francilien
09.00-10.20	Switzerland / Netherlands Men<48 Ladies<49
10.30-11.50	Japan
18.05-19.15	CGALE
19.25-20.40	Chamonix / peakteam
20.50-22.00	Netherlands

Attention

- all trainers must take care of the safety on the ice
- all skaters have to wear helmets, gloves and kneepads
- after morning training-sessions matrasses have to be taken from the ice by the last group
- first group of evening-training-session has to put the matrasses on the ice
- after the evening training-sessions matrasses can stay on the ice

We wish you a nice training-camp in Chamonix and hope you will have a good competition.

The organising committee

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Bulletin nr 2: Sunday 29 July 2001

Number of skaters increases

Because also the team of Trias-Leeuwarden arrived, who were not yet on the entrylist, the number of skaters for this week have increased to 130.

Early-birds

Sundaymorning at 6 o'clock the Swiss team took breakfast and prepared for a good training-session at the icerink. But they found the doors of the icerink closed although the training-schedule said there would be icetime for them. Reason was a little mistake in the trainingschedule. The program published for Sunday should be the schedule for Monday and the schedule published for Monday should be the schedule for Tuesday. Lucky the Swiss skaters used the early time healthy and well to run in nature and listen to the birds singing. Sorry for the mistake; tomorrow it will be better.

Ice-schedule

The correct training-schedule for Monday and Tuesday is as follows. For the rest of the week it will be published on Monday. At this moment skaters have one training-session on the ice per day. It is not allowed to go on the ice for an extra training-session. If the number of skaters allow this the schedule for the rest of the week will be altered.

Training-schedule Monday 30-07-2001

07.30-09.00	Switzerland / Netherlands Men<48sec ladies<49 sec.
09.10-10.20	Japan
10.30-11.55	Netherlands Men>48 Ladies>49 / YDS (BEL)
18.05-19.15	Chamonix / Peakteam / Reims
19.25-20.40	Pôle Francilien / Italy
20.50-22.00	CGALE

Training-schedule tuesday 31-07-2000

07.30-08.50	Pôle Francilien
09.00-10.20	Switzerland / Netherlands Men<48 Ladies<49
10.30-11.50	Japan
18.05-19.15	CGALE
19.25-20.40	Chamonix / peakteam
20.50-22.00	Netherlands Men>48 Ladies>49

Safety-mats

All coaches are requested to inform their skaters that everybody has to help with the safety-mats. After the morning training-session all the mats must be taken of the ice and brought back on the ice at the start of the evening-training-session. At the end of the evening the mats can stay on the ice.

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Fitness-centre

The sportcenter of the swimming-pool has a perfect fitnesscenter. If you are interested to use the power-room please contact Yves Deleglise, perhaps it will be possible to get a special discount-price.

Entry for competition

Skaters who are not yet entered for the competition are requested to inform Yves Deleglise at last on Wednesday. Entry for the competition must be done with full name, name of club, birthdate and best seasontime 500 m of last season and payment of the entry-fee..

Running competition Plan-Praz

Don't forget the uphill runningcompetition to Plan-Praz on THUESDAY. All skaters and supporters and/or family can enter for this competition. There is no entrance-fee. For the best juniors and seniors awards will be given. Award-presentation will be on Thursday-evening in the Walibi's. Competitors will get at the start a race-number. After the competition runners can return downhill by cable-car without payment on showing the race-number. At the downhill station of the cable-car the racenumbers must be returned to the representative of the organisation. We need some volunteers for the waterstations. If you want to help please inform Yves Deleglise or Piet Broekhuizen.

Time-schedule: 13.45 volunteers for waterstations assemble at parking of Cable-car
 14.00 all competitors assemble at parking of Cable-car Plan-Praz
 14.20 start of competition
 15.45 end of competition

have a nice training.

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Bulletin nr 3

Monday 29 July 2001



Running-competition Plan-Praz

Tomorrow is the big day for the uphill-running competition to Plan-Praz. A competition which starts at the cablecar base-station. This is at an altitude of 1000 meters. The finish is at the endstation of the cablecar at Plan-Praz and this is at an altitude of about 2000 meters. The length of the course to run is about 4,5 kilometres. Mr.Boerema, Mr.Groenendaal and Mr. Celis already joined as a volunteer to do a waterstation on the course but we need some more volunteers. Please inform us if you do want to help us. The more waterstations the better for the runners. Last years winners in the different age-categories where: Niels Kerstholt (45.19),

Ike Tomonori (46.07), Hotomi Tadeka (49.28), Haruna Shinkai (59.55) and Arnoud Ykema (1,06.39). For this year there will be awards for the first three juniors and first three seniors. On showing your race-number runners can use the cablecar for free to go back downhill after the competition. The award-presentation will be on Thursday-evening in the Wallibi-restaurant.

Time-schedule

13.15 volunteers for waterstations assemble at Cablecar-parking

13.45 runners assemble and hand-out of race-numbers

14.20 start of competition

15.45 end of competition and return to Chamonix

Special competition for coaches

In order to give also the coaches a good feeling of Chamonix a special competition for coaches is organised. This competition is not a skating-competition but is very special and takes place on a secret place near Chamonix. It has the level of what is normal for the average coach (?!!!?). Every team is obligated to enter one coach who does not have to pay an entry-fee. Extra entries of coaches, assistant-coaches, parents etc. is also possible for a entry-fee of FF 140,=. Competitors has to wear mountain-shoes and sportive clothing. The competition will take place on Wednesday and starts at 14.30 at the ENSA. Teams are requested to give the names of the coaches and other people who want to compete as soon as possible to Yves Deleglise or Piet Broekhuizen. We also need supporters so skaters are requested to join us as supporter.

Japanese team arrived

The Japanese team has arrived. They are here with 8 seniors and 6 junior-skaters. Among them 6

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skaters who also competed last year in Chamonix.

Safety-mats and rubber blocks

At the end of every morning session the mats must be taken of the ice. Also the blocks are then taken of the ice. In order not to loose the blocks we request all skaters to store the blocks near the safety-mats and not hide them far away so that the people who in the evening has to put the mats and blocks back on the ice know where to find the blocks.

Competition on Saturday

Traditionally the Trophy Leon Quaglia was held on Sunday. For this year the organisation made a choice to change to the Saturday. Reason is that people who want to travel home can leave now on Monday-morning early, but also for the spectators is a competition on Saturday-evening much nicer than on the Sunday-evening. For the finals on Saturday-evening entry-tickets will be sold at the icerink.

Meals on Saturday

During the competitionday the meals for skaters can be taken in the Wallibi-restaurant at the time in between the hours of the competition. Information about the menu and costs

will be given tomorrow. Reservations must be made at last on Thursday.

All-final system

Last year the all-final system was introduced in

Chamonix. This competition-system gives all skaters heats, semi-finals and finals to skate. In all the finals points will be scored for the overall-classification. Due to the number of entered skaters it is possible, that some age-categories will be combined in the competition. Of course they will get their own points and overall-classification. Information about this will be given at the drawing on Friday-evening.

The weather-forecast

For the rest of the week the weather will be fine with a lot of sun. Perhaps in the evening a little rain but this will not be much.

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Training-schedule Wednesday 01-08-2001

07.30-09.00	Japan / Switzerland
09.10-10.20	Pôle Francilien / Reims
10.30-11.55	Netherlands (jun) / Belgie (clubs) / Italy
18.05-18.55	Chamonix / Peakteam
19.05-19.50	CGALE / Belgium (nat)
20.00-20.45	Russia / Trias

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Bulletin nr 4 (correction)

Thursday 30 July 2001

Training-schedule Monday 30-07-2001

07.30-09.00 Switzerland / Netherlands Men<48sec ladies<49 sec.
09.10-10.20 Japan
10.30-11.55 Netherlands Men>48 Ladies>49 / YDS (BEL)

18.05-19.15 Chamonix / Peakteam / Reims
19.25-20.40 Pôle Francilien / Italy
20.50-22.00 CGALE

Training-schedule Tuesday 31-07-2000

07.30-08.50 Pôle Francilien
09.00-10.20 Switzerland / Netherlands Men<48 Ladies<49
10.30-11.50 Japan

13.45-15.45 Uphill runningcompetition Plan-Praz

18.05-19.15 CGALE
19.25-20.40 Chamonix / peakteam
20.50-22.00 Netherlands / Belgium (clubs) / Italy

Training-schedule Wednesday 01-08-2001

07.30-09.00 Japan / Switzerland
09.10-10.20 Pôle Francilien / Reims
10.30-11.55 Netherlands (jun) / Belgie (clubs) / Italy

14.30-16.00 Special competition for coaches (start at ENSA)

18.05-18.55 Chamonix / Peakteam
19.05-19.50 CGALE / Belgium (nat)
20.00-20.45 Russia / Trias

Training-schedule Thursday 02-08-2001

07.30-09.00 Switzerland / Belgium (nat)
09.10-10.20 Russia / Trias
10.30-11.55 Pôle Francilien / Reims

13.30-15.30 mountainbike-competition

18.05-18.55 Netherlands (juniors) / Belgium (clubs)
19.05-19.50 Chamonix / Peakteam
20.00-20.45 CGALE / Italy

21.15 Welcome-reception / award-presentation at Wallabi-restaurant

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Training-schedule Friday 03-08-2001

07.30-09.00	Pôle Fracilien / CGALE
09.10-10.20	Japan / Belgium (nat)
10.30-11.55	Russia / Switzerland / Trias
18.05-18.55	Netherlands (juniors) / Belgium (clubs) / Italy
19.05-19.50	Chamonix / Peakteam / Reims

Competition-hours Saturday 04-08-2001

08.00-14.00	competition part-1
14.30-15.30	lunch (at Wallabi-restaurant)
16.00-18.30	competition part-2
19.00-20.00	diner at (Wallabi-restaurant)
20.30-22.30	competition part-3

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Bulletin nr 5

Wednesday 1 August 2001



Kazuya Yoshizawa wins Plan-Praz

Kazuya Yoshizawa is the winner of the uphill running-competition to Plan-Praz. A competition which started at the cablecar base-station at an altitude of 1000 meters. The finish was at the endstation of the cablecar at Plan-Praz at an altitude of about 2000 meters. The length of the course to run was about 4,5 kilometres. A short time after the start Junpei Yoshizawa took the lead together with Tomono, Kazuya Yoshizawa, Seno and Kakubari. But at 1/3 of the course only the two Yoshizawa's and the leading Tomono were left over with a difference of 100 meters to the peleton. At about 2/3

of the course Kazuya Yoshizawa speeded up and

only Tomono could follow him. In the second group Huub van der Wart from the club of Zoetermeer speeded up bit by bit at the right moment and ended at the top just behind the two Japanese runners. Winner was Kazuya Yoshizawa in 46.09.6 minutes. Second was Kiyataka Tomono in 46.09.7 minutes and on the third place came Huub van der Wart from Zoetermeer (NED) in a time of 47.43 minutes. The complete results will be handed out on thursday-evening.

Special competition for coaches

Many coaches have entered for the special com-

petition for coaches on Wednesday. This competition is not a skating-competition but is very special and takes place on a secret place near Chamonix. The entry is free for one coach per club: for the others the entry-fee is FF 140,=. Participants has to wear mountain-shoes and sportive clothing. The competition will take place on Wednesday and starts at 14.30 at the ENSA. Teams are requested to give the names of the coaches and other people who want to compete as soon as possible to Yves Deleglise or Piet Broekhuizen. Supporters are also welcome.

Mountainbikecompetition

needs volunteers

The mountainbike-competition for shorttrack-skaters will take place on Thursday 2nd august 2001. All skaters, coaches and parents can enter for the competition. The competition is an individual time-trail. The categories are novices/pee-wees, juniors and seniors. In all these categories awards will be presented. The start for the novices is 14.00. The juniors will start at 14.10 and the seniors around 14.30 after the juniors have finis-

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hed. Everybody who wants to take part in the competition has to give his/her name to Yves Deleglise or Piet Broekhuizen at last at Wednesday-evening. All participants are requested to be at the start half an hour before the start. We need at least 12 volunteers to help with marking the course for the safety of the participants; so please help us. Volunteers to help on the course are requested to be present at the start at last at 13.30 hours. The award-presentation will be on Thursday-evening in the Wallabi-restaurant.

Belgium National Team

Thursday the Belgium National Team will arrive. The team consists of Simon van Vossel, Pieter Gysel, Wim de Deyne en Ward Janssens. Coach of the team, for this summer-period, is Jeroen Otter, a good choice of Belgium!

Mountainbikes can swim

If you want to know if a mountainbike can swim, please ask Peter Keiser of Amsterdam Skating Club Jaap Eden. His mountainbike made some beautiful dives in the swimmingpool of Wallabi. Driving the bike over the bottom was also possible; only at the deeper part of the swimmingpool it was a little bit difficult.

Meals on Saturday

During the competitionday the meals for skaters can be taken in the Wallabi-restaurant at the time in between the hours of the competition. The menu is Chicken with rise, and fruit-salad as desert. The price is FF 55,00. Coaches have to make the reservations for their club before Thursday at Wallabi.

The weather-forecast

The weather will stay this week allmost the same. Warm or very-warm. Sometimes a little bit cloudy and just a few drops of rain. For the rest it will be fine with a lot of sun.

Agora Skating Team from Milan in Chamonix

New this year in Chamonix is the Agora Skating Team from Milan-Italy. This team of talented juniors is trained by Diego Catani who was a former member of the Italian National Team.

Rafting on the river

On Friday-afternoon a lot of skaters will go to Salanche for rafting in a boat on the river. At this moment some places are left over. If you are interested to join us, please contact Piet

Broekhuizen. The costs are appr. FF 150 per person.

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Bulletin nr 6

Wednesday 2 august 2001



Special Competition for coaches

The special competition for the coaches appeared to be an adventure-game. All the coaches had to climb into tree's walk over steel-cabels at a hight of more then 10 meters and much more. They had a 3 hours great fun and we are sure that they now will be a better coach. On the picture you see coach Jan Celis From IJclub De Schaverdijn from Belgium busy with "abseilen".

Lost and found

Piet Stoelwinder of Holland found a breastband of a Polar hartbeat-counter. If you lost it you can contact him during the training-

sessions of the Dutch skaters.

Rafting

Friday-afternoon the skaters go out rafting. In is not possible to enter new skaters. In total 32 skaters and coaches will join the rafters. Everybody has to assemble in front of the ENSA-building and bring there own transportation. We have to leave from ENSA at 1 o'clock. The rafting will take place in Salanche a town at a distance of about 20 minutes by car.

Mountainbikecompetition

The weather for the mountainbike-competition was much better then last year.

This year it was warm and last year it was rain en wind.

Meals on Saturday during the competition

Don't forget to make the reservation at Wallabi's for the meal on Saturday-afternoon. The menu is rice and chicken with fruit-sallad as dessert. The costs are FF 55,=.

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Results of the running-competition to Plan-Praz 31 July 2001

01	3	Kazuya Yoshizawa	M	jun-A/sen	46.09.6
02	4	Kiyataka Tomono	M	sen	46.09.7
03	15	Huub van der Wart	M	jun	47.43
04	5	Junpei Yoshizawa	M	jun	50.01
05	2	NaohisaTakahara	M	jun-B	51.10
06	9	Hitomi Takeda	L	jun-B	52.27
07	18	Freek van der Wart	M	jun	53.47
08	1	Fumihiko Kakubari	M	jun-A/sen	54.15
09	7	Mariko Uzawa	L	jun	54.32
10	19	Peter van der Wart	M	sv	54.56
11	14	Mathijs Ykema	M	jun	56.43
12	13	Haruna Shinkai	L	jun	57.05
13	33	Joël Martin	M	sen	58.10
14	24	Arnoud Ykema	M	n	59.14
15	16	Peter Keiser	M	j	59.14
16	11	Mio Asakawa	L	j	59.44
17	12	Satomi Sakai	L	s	1.00.13
18	6	Yuki Seno	M	jun-A/sen	1.01.14
19	27	Chantal Boer	L	s	1.04.21
20	32	Margot Boer	L	j	1.06.45
21	8	Yumi Nakagawa	L	j	1.07.52
22	31	Esther Boer	L	s	1.10.03
23	10	Mayo Ogino	L	s	1.12.19
24	28	Katherine Gass	L	sv	1.14.59
25	25	Selina Stoelwinder	L	s	1.15.14
26	17	Menno Groenendaal	M	j	1.15.14
27	22	Natasja Groenendaal	L	j	1.18.13
28	21	Lotte Stam	L	j	1.18.15
29	29	Nina Boer	L	j	1.38.06
30	30	Sjaak Boer	M	sv	1.38.12
31	23	Amber Stam	L	n	1.43.36
32	26	Jan Stam	M	sv	1.43.51
33	20	Yvonne Boerma	L	j	1.44.16

Mountainbike-competition Novices

						Lad	Men
1		Arnoud Ykema	M	nov	10.40.10	1	
2		David Mahy	M	nov	10.46.60	2	
3		Coralie Chamsaid	L	nov	13.49.50		1
4		Lucie Alvarinas	L	nov	14.46.60		2

Mountainbike-competition Juniors-C/B

						Lad	Men
1	31	Menno Groenendaal	M	jun	19.53.40		1
2	27	Kevin Le Main	M	jun	20.10.80		2
3	32	Peter Keiser	M	jun	20.14.90		3
4	28	Dries Celis	M	jun	20.15.30		4
5	29	Huub van der Wart	M	jun	20.53.00		5
6	25	Freek van der Wart	M	jun	20.55.00		6
7	24	Mathijs Ykema	M	jun	21.41.30		7

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8	38	Junji Ito	M	jun-B	21.42.20	8
9	26	Bert Kwakernaat	M	jun	21.46.70	9
10	20	Satomi Sakai	L	(sen)	22.53.50	
11	30	Arjen Boerma	M	jun	22.54.30	10
12	22	Hitomi Takeda	L	jun-B	22.56.90	1
13	23	Lotte Stam	L	jun-B	23.12.10	2
14	18	Haruna Shinkai	L	jun-B	24.08.80	3
15	11	Natasja Groenendaal	L	jun-C	24.20.20	4
16	12	Yvonne Boerma	L	jun	25.23.00	5
17	13	Gentianne Pot	L	jun	25.29.90	6
18	21	Mayo Ogino	L	(sen)	27.01.90	
19	14	Melanie Charlet	L	jun	28.35.10	7
20	17	Yumi Nakagawa	L	jun-B	29.21.00	8
21	16	Mariko Uzawa	L	jun-B	34.26.50	9
22	19	Mio Asakawa	L	jun-B	37.11.60	10

Mountainbike-competition jun-A/senior

						Lad	Men
1	35	Kazuya Yoshizawa	M	sen	25.27.70		1
2	45	Jerome Gass	M	sen	26.16.00		2
3	43	Thomas de Witte	M	sen	26.43.20		3
4	42	Jelle Houbrechts	M	sen	27.52.40		4
5	44	Stefan Boerma	M	sen	27.55.00		5
6	39	Fumihiko Kakubari	M	sen	28.48.50		6
7	34	Yuki Seno	M	sen	28.58.00		7
8	33	Kiyotaka Tomono	M	sen	30.41.30		8
9	37	Naohisa Takehara	M	jun-B	30.41.60		9
10	36	Yunpei Yoshizawa	M	jun-B	31.01.50		10
11	41	Selina Stoelwinder	L	sen	31.49.60	1	
12	46	Peter van der Wart	M	sen/v	32.07.80		11
13	40	Mark Scheepstra	M	sen	flat tire		-